As the data stored in your application grows, the size of your text indexes keeps on growing too. With this increase in size of text indexes, MongoDB has to search against all the indexed entries whenever a text search is made.

As a technique to keep your text search efficient with growing indexes, you can limit the number of scanned index entries by using equality conditions with a regular $text search. A very common example of this would be searching all the posts made during a certain year/month, or searching all the posts with a certain category.

If you observe the documents which we are working upon, we have a year field in them which we have not used yet. A common scenario would be to search messages by year, along with the full-text search that we have been learning about.